

## What are the tests that can be used in the Allergy and Food Intolerance Screening Service?

There are three tests that can be used within the service. These are an Inhaled Allergy test, a Food Allergy test and a Food Intolerance test. The appropriate test will be selected by the pharmacist during the initial consultation.

The allergens/food intolerances that the tests cover are shown in the table below:

Inhaled Allergy test	<ul style="list-style-type: none"> <li>• <b>House dust mite</b></li> <li>• <b>Cat epithelium</b> (<i>skin cells</i>)</li> <li>• <b>Stinging nettle pollen</b></li> <li>• <b>Hazelnut pollen</b></li> <li>• <b>Birch pollen</b></li> <li>• <b>Cladosporium herbarum</b> (<i>mould</i>)</li> <li>• <b>Grass pollen</b></li> <li>• <b>Latex</b></li> <li>• <b>Aspergillus fumigatus</b> (<i>mould</i>)</li> <li>• <b>Mugwort pollen</b></li> <li>• <b>Dog epithelium</b> (<i>skin cells</i>)</li> <li>• <b>Alternaria alternata</b> (<i>mould</i>)</li> </ul>
Food Allergy test	<ul style="list-style-type: none"> <li>• <b>Hen egg</b></li> <li>• <b>Nuts</b> (<i>hazelnut, peanut</i>)</li> <li>• <b>Wheat flour</b></li> <li>• <b>Fish</b> (<i>herring, mackerel, plaice, cod</i>)</li> <li>• <b>Vegetables</b> (<i>carrot, celery</i>)</li> <li>• <b>Meat</b> (<i>beef, pork, chicken</i>)</li> <li>• <b>Soy bean</b></li> <li>• <b>Shrimp</b></li> <li>• <b>Sesame</b> (<i>whole gist</i>)</li> <li>• <b>Cow's milk</b> (<i>unboiled</i>)</li> </ul>
Food Intolerance test	<ul style="list-style-type: none"> <li>• <b>Wheat flour</b></li> <li>• <b>Nuts</b> (<i>peanut, hazelnut, almond</i>)</li> <li>• <b>Fruits</b> (<i>banana, strawberry, kiwi, orange, strawberry, grape, peach, apple, pineapple, cacao, tomato</i>)</li> <li>• <b>Meat</b> (<i>beef, pork, chicken, lamb/mutton, turkey</i>)</li> <li>• <b>Soy bean</b></li> <li>• <b>Gluten-free grains</b> (<i>amaranth, buckwheat, quinoa, rice, wild rice</i>)</li> <li>• <b>Grains containing gluten</b> (<i>oat, barley, spelt, kamut, rye</i>)</li> <li>• <b>Milk</b> (<i>goat, sheep, mare, cow</i>)</li> <li>• <b>Yeast</b> (<i>baker's yeast, brewer's yeast</i>)</li> <li>• <b>Egg</b> (<i>white, yolk, hens egg</i>)</li> <li>• <b>Casein</b></li> <li>• <b>Seafood</b> (<i>cod, salmon, tuna, shrimp, squid, octopus</i>)</li> <li>• <b>Vegetables</b> (<i>pea, celery, carrot, broccoli, garlic, onion leek, potato</i>)</li> <li>• <b>Coffee</b></li> <li>• <b>Mustard</b></li> </ul>